

# Seka Just Laugh!

Vol.1

Proverbs 17:22(NKJV)  
*A Merry heart does good, like medicine,  
but a broken spirit dries the bones*

**Humor** **bites**

**BY ISAAC SERUKENYA**



# Seka

## Just Laugh! Vol.1



### About the Book

😊 Hey!! I have come to appreciate that everything that happens around us has a voice over what we see and hear that speaks words of wisdom to guide our way.(Proverbs 1:20-33) This holds true no matter whether its a fortune or misfortune, beautiful or ugly, quiescence or crisis. Sadly, the hustle and the bustle of life often drowns the voice of wisdom. However, if you watch and listen carefully, you will hear the voice of wisdom saying, "This is the way walk in it!" If you listen and do, you fly 🙌; if you ignore, sooner or later you cry 😱!.

In this book, i share some of the notes from my journal gathered from the voice of wisdom borne from my day to day life encounters. Seka-Just laugh and learn! ... and shhh!!! ... please share and Seka loudly with someone 😂😂! May this book inspire you to always view circumstances through the eye of humour and the voice of wisdom. 🙌 - Seka! - Just laugh!!

### About the Author

Isaac Serukenya has been actively involved in the music ministry at Miracle Center Cathedral for over 27 years under the Mentorship of Pastor Robert and Jessica Kayanja. He has been responsible for mentoring and leading the Miracle Center Music Ministry composed of 5 Choirs with a total of about 250 people and growing. Born into a family of acclaimed music talent, he stated interacting with music from an early age under the mentorship of his father, Henry Wassanyi Serukenya, a reknowned musical genius. In family life, his parents Henry and Edith Wassanyi Serukenya who are shortly celebrating 50 years of marriage have been strong mentors.

A Consultant Electrical Engineer by profession, Isaac is passionate about mentoring other engineers as well as helping people improve their quality of life.

Isaac and his wife, Janet have been married for 16 years and counting. Together they have four Children.

SIMPLY MINISTRY

Tel: +256 775 286 246

📍 Isaac Serukenya-Simply Ministry  
✉ Email:serukenyamusic@gmail.com



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## **SEKA – Just Laugh! Volume 1**



*Proverbs 17:22 (NKJV)*

*A merry heart does good, like medicine,  
But a broken spirit dries the bones.*

**“Humor-bites” by Isaac Serukenya**

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## 1. El-Musana-nyo

January 6, 2017.

Goshhhh!!! The sun in kampala is showing off too much!!! 😞😞 Someone please tell the sun that ssebo you have made your point!!! We shall plant more trees from now onward!! ... Its hottttt .... this is opposite of elnino .... this is Elmusananyo-nyo. .... eishhhhhh!!! 😄😄😄😄 .... but seriously banange tusimbe emiti.

**Moral:** Lets promote tree planting and ask God to send rain.

*Deuteronomy 11:13-14 New King James Version (NKJV)*

*13 'And it shall be that if you earnestly obey My commandments which I command you today, to love the Lord your God and serve Him with all your heart and with all your soul, 14 then I will give you the rain for your land in its season, the early rain and the latter rain, that you may gather in your grain, your new wine, and your oil.*





## 2. Isaac Cooks .... I swear!

January 16, 2011 •

Phew! Finished cooking. .... oh dear, i forgot the carrots. .... Anyway ..... still tastes good. Now for the shower. Gosh its hot!

June 3, 2011 •

HEY!!!!!! .... WHAT'S THE BIG IDEA???? .... Why didn't anyone tell me it is possible to cook sweet potatoes without using banana leaves????

**Moral:** ..... Surely necessity is the master of invention .... and they taste just as good!!!!!!  
Aaalo?? 😊

February 6, 2011 •

Oh Geeeeeezzz! Silence .... cooking in progress ..... sniff .... I know i love to have plenty of onions in my sauce ..... but I still cant figure out why i cry when cutting Onions ..... Isnt there a better way for them to force me to express my love for them? Gosh! ..... sniff ..... sniff 😊

*Proverbs 8:12 King James Version (KJV)*

*12 I wisdom dwell with prudence, and find out knowledge of witty inventions.*



## 3. The dead chicken died! ☹️

September 23, 2015 •

In other news .... Ekinyiizo ..... I get home excited looking forward to cooking the chicken thighs i had put in the fridge day before yesterday ..... And wait .... A strange smell is reaching my nostrils as i unwrap it .... Cant be .... I say, to myself .... I decide to live in denial .... But yes its coming from my beloved chicken thighs .... They are going bad! 😞😞😞😞 .... But i insist and close an eye "maybe its not yet that bad" 🙄 ..... So i take one thigh out and the Holy Spirit sayz "gwe ... Kale VAAAWO 😞😞 .... surely you are not going to eat that!" .... Oh maaaaannnn 😞 .... No chicken for me tonight 😞 ..... I have to settle for its young ones ....i.e. 2 boiled eggs, bread and tea! 😞😞😞😞😞😞😞😞😞😞 ..... Ah well, at least i have a young chicken ....i.e. eggs, the chicken did not survive me after all. ...lolll 😂😂

*1 Thessalonians 5:18 King James Version (KJV)*

*18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.*





#### 4. Egg flied Lice!! - Season 1 ☺

September 8, 2010 •

I feel like chinese ..... anybody with a recipe for egg fried rice? .....

September 23, 2010 •

Kb! i tried cooking egg fried rice the other day .....i concluded that there is a pinch of salt to the wrestling disclaimer "..... Bodies have been bruised, careers ended in an instant ... NO MATTER WHAT YOU DO! NO MATTER WHERE YOU ARE! NO MATTER WHO YOU ARE ..... PLEASE DONT TRY THIS AT HOME!!!!!" ..... so .... til i get a chinese chef coach, i will hit the chinese restaurant.

Hebrews 10:23 New King James Version (NKJV)

23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful.

#### 5. Egg flied Lice!! ☺ - Season 2 ☺

October 6, 2010 •

Eureka! ..... i found it!!!!!! Finally i succeeded. After a few painful trials, i stumbled on a way



to do egg fried rice! ..... at least something very close to it.....very tasty too..... LESSON LEARNT: ..... IF FIRST OR SEVERAL TIMES YOU DONT SUCCEED, DUST YOURSELF OFF AND TRY AGAIN!

Micah 7:8 New King James Version (NKJV)

8 Do not rejoice over me, my enemy;

When I fall, I will arise;

When I sit in darkness,

The Lord will be a light to me.

#### 6. I am a cooker!! Eish!!

August 15, 2010 •

Dude! Its been a busy nice busy nice busy nice day! Monday tomorrow ..... so much to do ..... just enough time to do it. I need God speed .... I am convinced that its going to be an awesome week! Cant wait. On another note, at least i have improved my cooking skills. Speaking of which, i need to go make me some rice and pork .... Mmmm!!! Thank you Jesus!





August 16, 2010 •

I hate to be the one to admit it but man ..... i am a good cook! (or at least i am getting there) Last nite was fantamaglorious. Nice cooking isaac! (and David encouraged himself in the Lord) lol ..... benefits of having an awesome wifey!

*Philippians 4:9 New King James Version (NKJV)*

9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

## 7. Once a "Bush" banger always a "Bush" Banger

October 18, 2015 •

Banange ..... i felt like banging bush (bushera) .... so i pull out my MACOS strokes and bang the first one .... and it died! 😞😞😞 So i said NEVER PLAY WITH A MACOSIAN WHO ALSO WENT TO MWIRI so i have banged another one ..... and halleluiah .... it has survived!....and it survived 🐰🐰 ..... now i had an avocado, bread and honey so i have put honey and kedo in the bread .... just messing around ....goshhhhh its GOOD.... I OUGHT TO PATENT THIS .... bon a pe

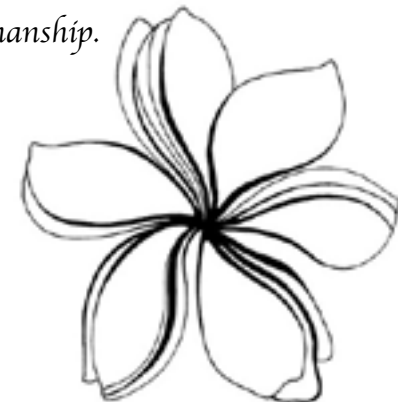


Lunch ..... LUNCH IS SERVED ..... GOOD JOB ISAAC .... GOOD JOB(pat on the back) ..... next i prepare the fruit salad and icecream .... yummy .... to be continued ..... 😊



*Exodus 35:30-33 New King James Version (NKJV)*

30 And Moses said to the children of Israel, "See, the Lord has called by name Bezalel the son of Uri, the son of Hur, of the tribe of Judah; 31 and He has filled him with the Spirit of God, in wisdom and understanding, in knowledge and all manner of workmanship, 32 to design artistic works, to work in gold and silver and bronze, 33 in cutting jewels for setting, in carving wood, and to work in all manner of artistic workmanship.







## 8. Oops! .... Wrong accent!

March 8, 2012 •

Just curious ....what causes a Ugandan from Uganda living in another african country to speak with an american-ish accent? ..... kinda reminds me of the hilarious radio ad of a guy who pulls an american-ish accent yet he has just returned from a long stay in china. Isnt it ok to just be Ugandan wherever you are..... just asking ....or maybe i should also go accent shopping.....tee hee see!

*Ephesians 4:7 King James Version (KJV)*

7 But unto every one of us is given grace according to the measure of the gift of Christ.

## 9. I met a burger

September 24, 2013 •

Eishhhh!! Eishhhh!!! ..... BANANGE!!!! ..... Today i had me a burger that i will never forget!!!! ..... gosh!!! .... It is not normal to take a photo opportunity(Burger-fie) with a burger but THIS ONE!!!! ..... Since i couldn't save the taste .... i at



Least had to have the priviledge of taking a photo with this Western BBQ Burger..... mmmmm .... in case you are ever in Istanbul Turkey ..... PLEASE DO YOURSELF A FAVOUR AND DONT GO HOME WITHOUT TASTING ONE OF THEM WESTERN BBQ BURGERS FROM CARL'S JR!!! It's to Live for ..... mmmmmm ....GOD BLESS THE CHEF!!! 😊:-)

*Psalm 34:8 New King James Version (NKJV)*

8 Oh, taste and see that the Lord is good;

*Blessed is the man who trusts in Him!*





## 10. Travel trials!

October 28, 2013 •

Eish!!! .... Now i know what Mzee means when he says "America is not Katwe" .... maaannnn!!!! This Joir is FFFAARRRRRRR maaaaamaaa!!! You wake up .... sleep .... wake up .... sleeepp .... wake up .... and you think you have covered alot of time kumbe waapi ... check the flight plan and you have mbu 12 hrs to go!!!! Then you arive at JFK newyork and call home excited to say you have arrived then discover that everyone is fast asleep and wondering which crazy person is calling at 3am!!! ..... and the reverse is true!!! .... hmmm! Kwonka The wonders of God's creation .... some guys are having lunch while others are having sleep on the same planet!!!! ..... 😊 :-) Florida is a lovely place ..... i wish i had had more time to tour ..... unfortunately 2 days of strictly business!!! ...sigh! .... At least i got to see milicent, one of my long lost daughters, enroute through dallas texas for tea. Anyway..... Then comes mexico .... or is it Mehico!!! .... somebody ought to talk to



the guys that do documentaries and movies ..... i thought i would need body armour and a gun as i entered mexico San Luis because if the movies are anything to go by you would expect to find everyone displaying a submachine gun and some hoodlums sniffing cocaine at every street corner!!! ..... on the contrary ..... i found one of the friendliest, cool headed smiling people ever .... it felt like Uganda!!! .... only that now i know that English and most certainly NOT Luganda are not as international in the class of languages as i thought!!! You should have seen me trying to negotiate in the music store with a mexican lady as i tried to buy CDs in Salsa and other mehican musical flavour!!! ..... She was speaking spanish and i was responding in a mixture of english, luganda and sign language!!!! ..... dont laugh .... you could have been twice as commical!! 😊 :-) ..... Anyway ..... Its actually quite a peaceful place ... at least in San Luis Potosi ..... now on my way back home ..... to the mother land and the God blessed mother tongue and motherfood.





..... pictures to follow ..... stay tuned!!!

Psalm 66:5-6 *The Message (MSG)*

5-6 *Take a good look at God's wonders—  
they'll take your breath away.*

*He converted sea to dry land;  
travelers crossed the river on foot.  
Now isn't that cause for a song?*



## 11. Hands off my american visa!!!!

July 30, 2013 •

okay .... now ....i was told that getting a US visa costs is extremely hard .....so. i go to the american embassy requesting for a visa .... carrying a "ream" of documents presenting my



genealogy, school history, earthly and heavenly possessions, etc 😊 :-) after a crash course on How to pass a US visa interview. ... fast forward .... i walk into the interview room .... the lady asks me four basic questions and said " come pick up your visa tomorrow at 2pm" .... i was in and out of there in 3 minutes!!! .... just like that ... she didnt even ask to look at the ream i had carried ... !!!! .... i walked out a little shocked but praised God for it!!! a miracle by my books... fastforward .... next day 2pm ..... i collect the passport and check ...although i had asked for 1 week, they gave me 2 year visa! .... kyokka banange .... i sped off to the exit lest they called be back saying it was a typing error ..... i thank God for the great things he continues to do for me. God has de-mystified acquisition of the US visa for me. May God de-mystify whatever others told you was as hard as passing a camel through the eye of a needle in Jesus' name. 😊





Isaiah 45:2 *New King James Version (NKJV)*

2 'I will go before you  
And make the crooked places straight;  
I will break in pieces the gates of bronze  
And cut the bars of iron.

## 12. The mystery of the cheeky rat

September 12, 2014 •

Eish!!! What's with  
upcountry hotels  
everywhere in the east  
african region? ..... is it  
the same worldwide?  
..... somebody help me  
understand ..... either



there is a really cheeky rat running around  
biting bathroom slippers and mixing colors or  
hotel management is really going an extra mile  
to ensure that residents do not leave with the  
sandals!!!! 😊:-)

2 Corinthians 1:21-22 *New International Version (NIV)*

<sup>21</sup> Now it is God who makes both us and you stand firm in Christ.  
He anointed us, <sup>22</sup> set his seal of ownership on us, and put his Spirit  
in our hearts as a deposit, guaranteeing what is to come.



## 13. The Surf Experience

March 8, 2015 •

Ok ..... first on my to do list ..... the surfing  
experience is done ..... !!!! ..... and i did it ..... i  
stood on the surfboard and actually rode the  
wave ..... ok ... sort of ..... 😊:-) for a few  
seconds and then .... a big splash... 😊:-) that was  
fun ... ..... next stop ..... watch this space ..... 😊  
:-)



Isaiah 43:19 *New King James Version (NKJV)*

<sup>19</sup> Behold, I will do a new thing, Now it shall spring forth; Shall you  
not know it? I will even make a road in the wilderness And rivers in  
the desert.





## 14. Dead fish never die!

April 16, 2015 •

Just now, i coined up a new phrase "As persistent as a dead fish!" ..... lollll ...but seriously!!! .... i learnt the hard way ... i thought i had mastered the art of fish eating, especially the middle part (hint: from my experience, its the section with less complicated politics 😊 :- ) ..... its quite symmetrical) ..... today's lunch fish must have a "fish-complex" ... i dare say it was extremely temperamental in its fishy life. For a start it was studded with tiny bones in usually user friendly places! Just when i thought i had got the formula right then ..... kachupppp!!! ..... a tiny bone pierces and gets stuck in my gum!!! 😞 :- ( ..... in life you need to know when to throw in the towel. well ..... i conceded defeat to a dead fish! 😊 :- ) That was the "hiroshima-Nagasaki" bomb that ended my world war with this little persistent dead fish. The rest of the lunch was promptly abandoned to focus on delivering my gum from the wrath of a dead fish! At least it was merciful enough



in that the bone had a long end i could hold on to and pull it out! 😊 :- ) Even in death, it remained victorious!!! ..... Lessons learnt ..... even when you are seemingly dead, there is still plenty of room for you to win! keep looking good like my nice piece of fish on the plate. Even if you and what you have been working at are declared dead, you can still win. That is the nature of all that God creates. We were born to win!..... Awwww and one more thing, even dead fish deserve respect! ..... oh yeah!! 😊

*2 Corinthians 4:16-18 New King James Version (NKJV)*

*<sup>16</sup> Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day. <sup>17</sup> For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory, <sup>18</sup> while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal.*





## 15. The astonished fish!!

October 19, 2015 •

Soooo ..... Meanwhile in an effort to redeem my battered image after the backlash i got from guys after seeing my sunday lunch i decided to have today's lunch in a restaurant .... the plan in mind was Posho rice gnut sauce with dry fish with pieces tied in strips of banana fibre as in the Luwombod type .. you get? ... with greens on the side .... you still get me? ..... (emoticon for watering mouth missing) i took the trouble to keenly explain in detail to the waitress and waited eagerly ..... waiting ..... waiting ..... waiting ..... then suddenly she appears and places 2 plates in front of me and makes a quick retreat to the next customer! ..... voila .... what a scary sight .... maaama mia maaaaamaaa .....i was expecting to see small pieces like in Luwombo..... this threw me wayyyy off balance.



The whole fish should never have been swimming in gnut sauce. That's bad manners! 😬 That is not setting a good example to the fish out there! .... The fish looked just as embarrassed and shocked to see me as me seeing it. 😬 Anyway i had a stare down with the fish and it turned out to also hardline and not cooperate when i tried to eat it so we shook hands or fins and went our separate ways. 😂😂 ....at least i got a fishfie of it ....please note that The images below are highly graphic .... parental guidance is advised 🙌 To all the fish





and cooks out there ..... NO MATTER WHAT YOU DO .... PLEASE DONT TRY THIS AT HOME! 😂😂😂

Matthew 6:16-17 Amplified Bible (AMP)

<sup>16</sup> "And whenever you are fasting, do not look gloomy like the hypocrites, for they put on a sad and dismal face [like actors, discoloring their faces with ashes or dirt] so that their fasting may be seen by men. I assure you and most solemnly say to you, they [already] have their reward in full. <sup>17</sup> But when you fast, put oil on your head [as you normally would to groom your hair] and wash your face.

## 16. More fishy disaster!!

February 11 •

Banange kale siyiga!!!! 😡😡 ..... tusaba gavumenti etuyambe (i call for government intervention) .... can someone tell me a restaurant in Mbarara where they cook good fish??? 😱 .... After my last well documented attempt to order for fish in Gnut that ended in disaster ...this time i tried another pretty decent restaurant albeit a little bit more cautiously .... i asked for plain ole' fresh fish .... and lo and behold .... 😡😡😡



😡 .... 😞😞😞 .... but i havent lost hope .... THERE HAS TO BE A GREAT "FISH-COOKER" somewhere in that beautiful town. .... whoever you are .... it's not funny anymore .... stop hiding thyself .... please raise your hand for recognition!!!



Proverbs 22:29 New King James Version (NKJV)

<sup>29</sup> Do you see a man who excels in his work?

He will stand before kings; He will not stand before unknown men.





## 17. Let's get the fish right this time!

October 20, 2015 •

Okay ..... heading out to lunch now ..... for sure i will say my order to the waiter SLOWWWWLY with hand signs, illustrations, drawings, google images(i have even loaded enough MBs), pictures, dimensions, examples, print outs etc so that i am not misrepresented before the chef ..... clearly color blue is not blue depending on where you are! The british call it BLUE and the baganda call it BULULU ..... BEWARE!!!! 😊 :-> ..... if it does not work, this time i am calling Kayihura! .... they will need a darn good lawyer!

Matthew 6:7-8 New King James Version (NKJV)

7 And when you pray, do not use vain repetitions as the heathen do. For they think that they will be heard for their many words.

8 "Therefore do not be like them. For your Father knows the things you have need of before you ask Him.

## 18. Helep!!! Mouth on fire!!

December 30, 2015 •

Meanwhile i was having a nice sumptuous dinner in Fortportal and while i am summarising and reminiscing on the nice food i see something that they had brought and i hadnt tasted. .... Looked like Bbugga(red greens) .... Oooo i Love



Bbugga ..... so i decide to put abit in the mouth ..... mbu mmalayo ssente zange ..... BEHOLD 😬😬 😬 ..... ITS KAAAMULALI SQUARED!!! 😡😡😡😡 😬 ..... mouth is on fire🔥🔥 Moral of the story ..... olekangako ku ssowaani (always leave balance on the plate) something that returns to the cook. Not everything given to you is for you! 😄😄😄 Munnange i choose happiness .... i look at the lighter side of the story. It could have been worse .... cld have taken a spoonful of the "red greens" 😄😄😄

1 Corinthians 10:23 New King James Version (NKJV)

23 All things are lawful for me, but not all things are helpful; all things are lawful for me, but not all things edify.

## 19. Read your T-shirt Before your wear it

October 20, 2015 •

Today i decided to have a "safe" lunch. No fishiterian diet (i.e. fish and gnut) .... sweet potato, rice, greeneries and beans with landmines (katunkuma.... dont like them but mbu they are healthy so i persevere the







persecution 😞) ... so i am good. Now wrapping up with an apple 🍏 .... then ...meanwhile ....Teeheeeheeeeee ..... do people actually read what is on their Tshirts before they decide to wear them for the day? .... kakati some lady has just walked into the restaurant with a Tshirt inscribed in large font ..... "UMass" 😞 😞 ...reallllly? .... someone ought to tell her .... and now she is sitting at my table. 😂😂😂😂 ..... should i tell her that she is not an ASS? An ASS is a close relative of a horse! She looks nothing like that! Is this a good time to counsel her that she is not an ASS and pull out scripture about being created in the image of God and being fearfully and wonderfully made? ..... ok not the last part about "fearfully" ... 😂😂😂. I might be misunderstood without the "wonderfully" part ..... or maybe not. I think i should just go back to work. Its safer that way .... Moral: Everything you wear is a statement about you. Make sure it's a statement of your excellence! #IsaacSerukenya



Ephesians 6:11 New King James Version (NKJV)

11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil.

## 20. Losing Zeeee!!!

July 9, 2014 ·

Eish!!! ..... what in the world is going on with Brazil? ..... that's why i made up my mind long ago not to choose a soccer team to support. I can't take this kind of pressure. I really feel for the Brazil fans! Tip of the day: Like i always do ..... If you must choose a team, don't watch the match! you will enjoy it better if you "post mortem" the game when you are sure that your team won. If you must watch the match, support the referee alone ..... at least he never loses. 😊 :-) ..... but be of good courage, there is more to life than world cup! .... trust me.... the sun will rise again in the morning.

Isaiah 43:18-20 New King James Version (NKJV)

<sup>18</sup> "Do not remember the former things,  
Nor consider the things of old. <sup>19</sup> Behold, I will do a new thing,  
Now it shall spring forth; Shall you not know it?

I will even make a road in the wilderness  
And rivers in the desert.

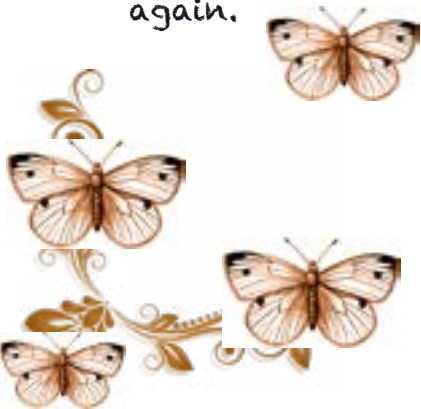




## 21. Ekinyiizo at funeral!

February 21, 2015 •

Eish! Whats the big idea? ..... what in the world makes people think that they can go to places where people are in mourning for a loved one and steal things from their vehicles? ..... These rascals really need the Lord and a very good police cell and probably a good walloping as a bonus! ..... Surely this is a year of rest. I am amazed that i am feeling so calm, at peace, happy and smiley after loosing parts of my vehicle to some hoodlums! John 14:27 "Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid." ..... if you have lost someone and something today, May the peace of God that surpasses all understanding saround you and guard your heart and mind by Christ Jesus. This too shall pass. As surely as the Lord lives, you will rise up again.



## 22. Gosh She is Haaaattttt!

March 21, 2015 •

Wowwww!! .... but its been a lovely trip from uganda - cold oslo, norway - san diego and Los Angeles(USA) .... BUT its awesome to be back home in Uganda again! ... back at miracle centre cathedral church again.... seeing worship ministry family ..... as for my terrific kids xoxoxo .... the hugs and kisses and "i love you dad" melts my heart..... then my pretty darling wifey..... i saw her at airport and was speechless, i looked for a fan and mineral water instantly..... no wonder i found kampala hottttter, .... 14yrs of marriage but she gets Hottter n prettier by the day! 😊:-) .... if i had met her in primary 1, i would have cried as a kid does for a teddy bear until my parents let me marry her..... lollllll .... i love my family!!!

Psalm 127:3 Amplified Bible (AMP)

<sup>3</sup> Behold, children are a heritage and gift from the Lord,  
The fruit of the womb a reward.





Proverbs 5:18-20 New King James Version (NKJV)

<sup>18</sup> Let your fountain be blessed,

And rejoice with the wife of your youth.

<sup>19</sup> As a loving deer and a graceful doe,

Let her breasts satisfy you at all times;

And always be enraptured with her love.

### 23. Sign! A note from a good wife

September 21, 2015 •

"A note from a good wife is a breath of ever fresh air from the Lord to a man in a foreign land." (dont look for this quote its just Isaac serukenya 😊)..... Kino kika ..... Banange i have A PRETTTTY HOTTTT WIFE ..... WOWWWW ..... She has just sent me a series of her selfies and my phone literally blushed!! 😳 Then It couldnt stop vibrating ..... as for me, i was wondering what was up with the phone .... Saw the pics omutima negunkuba bwe (as in my heart beat like)TTTTTTUUUUGUUU. 😳 .... Still recovering .....woooo.... She is looking horribly awesome(pardon my grammer) somebody send me a fan! 🍑🍑🍑🍑🍑 ..... Bambi when you see her mumugambe to next time give me 5 minutes notice before sending such things so that i can



sit down first ..... Maaaaaaamaaaaa! 😍😍 ....  
Ok now that i have that off my chest ... Relax  
isaac and get back to work. Kkkkkk 😂😂😂 ....  
I Thank God for a great wife. Thanks Love, you  
have made my day. 😊

Proverbs 25:25 New King James Version (NKJV)

<sup>25</sup> As cold water to a weary soul,

So is good news from a far country.

Proverbs 31:10 Amplified Bible (AMP)

<sup>10</sup> An excellent woman [one who is spiritual, capable, intelligent, and virtuous], who is he who can find her? Her value is more precious than jewels and her worth is far above rubies or pearls.





## 24. Bon-a-pe-Brunch

December 26, 2016 •

Bon-a-pe-brunch 🤩  
 🤩 ..... tojja ndya  
 .... #benefitsofagoodwife!  
 ..... sigh!!! .... God bless  
 you my Jay. I Love you  
 babe gal!



Proverbs 31:15 Amplified Bible (AMP)

<sup>15</sup> She rises also while it is still night  
 And gives food to her household  
 And assigns tasks to her maids.

## 25. Daddy I failed

Isaac Serukenya was feeling motivated.  
 May 5, 2016 •

So .... one of my boys comes home looking  
 really worried .... he says Dad, my marks in the  
 exam are not good at all! I know you will not



be happy. I need to work really hard. (So now i  
 am thinking ... oh dear! He has got 35%. .... so i  
 prepare my "you must work harder and do less  
 TV" Lecture notes! 😞 :-() .... He says, "Dad i am  
 sorry i got aggregate 6; I scored 86% in Math  
 and 89% in Science". .... and he was serious ....  
 it wasn't a joking subject .... Now i was like  
 Ooooookay(didnt see that coming) ....  
 remembering my excitement at his age every  
 time i scored 50% and lingered there as an  
 average .... lollllll 😊 :-) ..... the guy is  
 disappointed with 80s! .... I had to "act" really  
 concerned .... thank him for the trial but  
 quickly add that next time we want 90s only!!!  
 (Kkkkkk 😊 :-) ) ..... I hope he never lands on my  
 primary school reports!!! I would be  
 DOOMED!!!! 😊 :-) ..... Surely YESTERDAY'S  
 EXCELLENCE IS TODAY'S MEDIOCRITY!! .... KEEP  
 AIMING TO OUT-DO YOUR YESTERDAY, DO NOT  
 GET COMFORTABLE WITH YESTERDAY'S  
 TROPHIES. RAISE THE BAR!! .... Have a great day!

Haggai 2:9 New King James Version (NKJV)

<sup>9</sup> 'The glory of this latter temple shall be greater than the former,'  
 says the Lord of hosts. 'And in this place I will give peace,' says the  
 Lord of hosts."





Isaac Serukenya was feeling amused.

May 5, 2016 •

..... and then he comes home and declares ....  
"Last time i got 85% in SST .... This time i have  
"flipped the tables"

.... (i thought he was going to say 58% 😱) .... he  
says, " i have got 98% in SST!" .... 😂😂😂 so i  
congratulate him and promise to get him a  
present .... i ask the lad, "what can i get you?"  
..... pause .... pause .... pause ..... sigh .... he says  
"Let me think about it and get back to you on  
that one!" .... 😂😂😂 ..... i am in trouble .... i just  
gave a kid a blank cheque!!! ..... gosh .... i never  
Learn!!!

1 Timothy 5:18 Amplified Bible (AMP)

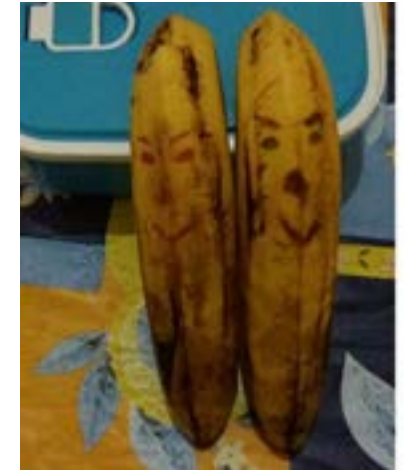
<sup>18</sup> For the Scripture says, "You shall not muzzle the ox while it is treading out the grain [to keep it from eating]," and, "The worker is worthy of his wages [he deserves fair compensation]."



## 26. Banana puppetry

August 30, 2016 •

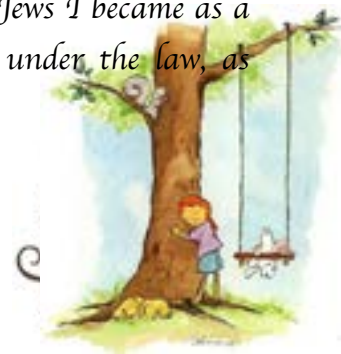
Ok .... i have just ended  
a puppet show at home  
for my kids 🧒🧒 😊 ....  
that was fun .... its so  
easy to amuse kids and  
sneek in a lesson while  
at it .... introducing my  
filimu stars of the puppet  
show ..... Mr and Mrs  
Banana 😊 .....



(actually left overs from my fruit pack) .... if  
you have kids ... Loosen up once in a while and  
be a kid to win a kid 😊 at 41 i cant keep up  
with it all but trying makes you feel  
younger 😂😂😂 .... .... noww .... Mr and Mrs  
Banana Loading .... 😂😂😂

1 Corinthians 9:19-22 New King James Version (NKJV)

<sup>19</sup> For though I am free from all men, I have made myself a servant to all, that I might win the more; <sup>20</sup> and to the Jews I became as a Jew, that I might win Jews; to those who are under the law, as





under the law, that I might win those *who are under the law*; <sup>21</sup> to those *who are without law*, as without law (not being without law toward God, but under law toward Christ), that I might win those *who are without law*; <sup>22</sup> to the weak I became as weak, that I might win the weak. I have become all things to all men, that I might by all means save some.

## 27. Say No! to pricks!!

November 23, 2015 •

Kkkkkkkkk

.... 😊 :-) ..... i totally agree with the lad. But he is brave. I think i would have gone abit higher up and they would have added the pope and his two predecessors to the team of negotiators to convince me to take the injection!



Isaiah 59:19 New King James Version (NKJV)

<sup>19</sup> So shall they fear The name of the Lord from the west,  
And His glory from the rising of the sun;  
When the enemy comes in like a flood,  
The Spirit of the Lord will lift up a standard against him.

## 28. My Dad is a national hero! Never play!!

June 9 at 4:29pm •

Behold my Dad Henry Wassanyi Serukenya awarded a \*National Heroes Medal\* from the President of Uganda ....Glory to God .... thank you Holy Spirit!!! Does that make him SIR Henry Wassanyi Serukenya? 😊 😂 😂 ...mbu..... Sevo asking Taata Seru .... nti \*"guy okikola otya by the way?"\* .... 😊 😊 .... ko Taata Seru .... \*"Mwaana nange neetya ... katonda yeka yaabikola"\* 😊 😊 😊 😊 ..... we are so proud of him ..... AMAZING!!!! ..... oba what took them so long? .... right there is a real hero .... that guy!!





....that's my Dad... always raising the standard!!!  
He deserves it and much much more!  
Congratulations Dad!

Hebrews 6:10 New King James Version (NKJV)

10 For God is not unjust to forget your work and labor of love which you have shown toward His name, in that you have ministered to the saints, and do minister.

Galatians 6:9 New King James Version (NKJV)

9 And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.



## 29. I am my father's son

June 10 at 11:03am ·

Haaahaa!!..... when your Dad/Jajja receives a national medal of honor for music and performing arts from the president..... ontegeera otya? 😎 ..... son of SIR HENRY WASSANYI SERUKENYA .....shades on .... swag on...Collar up .... Serukenya nose up .... kyengamba Galawo ...kitogi ne nyindo ya ba Serukenya wagulu 🤩 .... watch dis! 😂😂😂😂 .... who's bad?? .... still praising God for my Dad's achievement!



Proverbs 22:1 New King James Version (NKJV)

22 A good name is to be chosen rather than great riches, Loving favor rather than silver and gold.



## 30. It's all in the name!

May 31 at 10:35pm •

Soooo in other news .... Kenya an affiliate of Seru - \*Kenya\* launched their railway today .... Oh senchu! Senchu! 😎 .... i hate to brag but they just had to take half of



my name to make it happen....and do it that good .... thats how we Serukenyaz roll 😎 .... Like dat y'all ...you see 😊 kili ku lekodi (It is on record) that from Serukenya .... you get Kenya and Kenyatta .... need i say more? Okitegeera? Wakikyenga? 🙌🙌 Conclusion: without my name Serukenya .... Kenya and Kenyatta dont have a Standard Gauge Railway .... 😎😎😎 .... towakana!!! .... Loyalties cash

Loading ..... lolll 😂😂😂



MORAL OF THE STORY: "If someone succeeds at something before you do, dont sour grape and beef; find a way to include yourself in their success.



Make their success your success and that way you all win....IF YOU DO, YOU WILL IMMEDIATELY QUALIFY TO BE NEXT IN LINE." #isaacserukenya .... Wamma Congratulations Seru - KENYA .... (ok KENYA 😊) the Uganda one is also coming!!! .... we will all win a train from Kampala to Nairobi to Mombasa and all the people said AMEN!!

Genesis 12:2 New King James Version (NKJV)

<sup>2</sup> I will make you a great nation; I will bless you  
And make your name great; And you shall be a blessing.







### 31. Misplaced facebook "Likes"

August 27, 2015 •

You know.... I was just looking at facebook posts from people in general ..... Here is one ....e.g. One posts the following message on fb: "Dear all, i would like to announce the tragic death of my dear friend Brandon Smith. It's so sad. Burial is tomorrow." ..... And then some 65 guys click "like" 😞😞😞!!!!!! ..... REALLY????? .... Do guys actually read these posts ..... Lollllll 😂😂😂😂 .... What i am expecting are condolence messages .... Not 65 "LIKE"s. .... Of course unless the 65 had beef against my beloved Brandon Smith. 😂😂😂

James 1:19 Amplified Bible (AMP)

<sup>19</sup> Understand this, my beloved brothers and sisters. Let everyone be quick to hear [be a careful, thoughtful listener], slow to speak [a speaker of carefully chosen words and], slow to anger [patient, reflective, forgiving];

### 32. Beware of the prayer

February 11, 2016 •

This joke from a buddy has made my day .... Kakati .... for lunch stress relief ..... 😂 ..... check this one .....

One day, Ocholla went to church to pray. God



appeared and asked " Ocholla what do you wish for"? Ocholla replied "God, please I want to drive a big car with plenty of girls in it" God exclaimed. "Amen, may your wish be done" Currently, Ocholla is now a bus driver at Nabisunsa Girls School The moral of the story .... Next time pray with clear specifications .... 😂😂 ..... enjoy your lunch

James 4:3 Amplified Bible (AMP)

<sup>3</sup> You ask [God for something] and do not receive it, because you ask with wrong motives [out of selfishness or with an unrighteous agenda], so that [when you get what you want] you may spend it on your [hedonistic] desires.

### 33. Police na teargas!

December 20, 2015 •

Seasons greetings ..... this is a remix from Isaac Serukenya .....wachdis 😎 ..... I wanna wishu a melli chrisma! 🎸🎸

I wanna wishu a melli chrisma! 🎸🎸

I wanna wishu a melli chrisma from the borom of ma aart! 🎸🎸🎸

Police na teargas 🎸🎸

Police na teargas 🎸🎸

Police na teargas 🎸🎸





Bwontawanya byenj'okuwa 🙌

🙌🙌🙌🙌🙌 Merry Merry Christmas everyone 😄😄

Proverbs 17:22 Amplified Bible (AMP)

<sup>22</sup> A happy heart is good medicine and a joyful mind causes healing, But a broken spirit dries up the bones.

### 34. Security gulu gulu

February 4, 2016 •

Interesting the things you see..... soooo .... you stay at a place and find plenty of security guards and you feel really safe .... one at each entrance they sit. .... come midnight you hear someone snoring louder than the TV! 😊:-) .... you turn down the volume and its the security guard at your door! ..... surely unless the Lord guards a city, the watchman stays awake in vain. .... ah well .... at least he was snoring at my door! ..... lollll 😊:-) .... all they need to do is get one more to fall asleep at each window..... finito!!! .... perimeter secured! 😊:-



) .... that said .... over and above the security system, trust God who constantly watches over you as the apple of his eye. Isn't that a good feeling? Gdnite!

Psalms 127:1 New King James Version (NKJV)

<sup>127</sup> Unless the Lord builds the house,  
They labor in vain who build it;  
Unless the Lord guards the city,  
The watchman stays awake in vain.

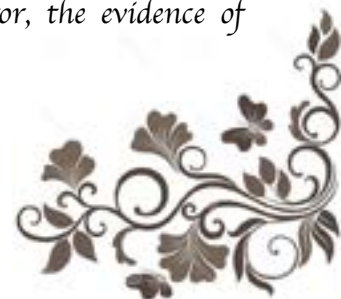
### 35. Almost first class

April 4, 2016 •

Bagyenzi ... In rushing to catch a flight..... we almost sat in first class but we were abit late and we were walking so fast that we walked thro it and sat at the back of economy to avoid stressing the pilot. .... 😊😊 .... you get? ....towakana!!! ..... dont argue!!!..... Then we take off and they serve Juice and G-nuts!!! 😊:-) .... where is canteen's maama Peace when i need her??? Gosh .... i am hungry!!! ..... lollll 😊

Hebrews 11:1 New King James Version (NKJV)

<sup>11</sup> Now faith is the substance of things hoped for, the evidence of things not seen.





## 36. Lango Oyeee!!

April 8, 2016 •

Yeiiii ....  
home at  
Last ....  
welcome  
back isaac  
... thank  
you...  
lollll.. 😊 :-  
) ....



Meanwhile  
for all  
people  
from  
LANGO .....  
The gates  
of blessing  
are open  
wide for  
you at  
Nairobi  
Airport .....  
wowwww



you guys have your own gates ..... ehkk

Psalm 118:19 New King James Version (NKJV)

<sup>19</sup> Open to me the gates of righteousness;  
I will go through them, And I will praise the Lord.



## 37. Draw swords with caution

May 28, 2016 •

Abafweeee ..... and then Man-U gets Mourinho for a manager .... lollllll 😂😂..... how things go full circle .... next probably Ferguson gets to manage Chelsea. .... Kkkkkkk 😂😂😂 These guys are just tolerating and tolerating (read ... beetolola .... a.k.a. Moving round in circles!) 🤔  
🤔 .... who ever knew this possible considering the beef that used to exist between Ferguson and Morinho. Typical Isaiah 11:6 ... Now you never know .... because this nation is in God's hand, Besigye and M7 could one day soon be taking selfies 😎 and working together managing each other's "departments" and sharing developmental ideas .... you just never know anything is possible 😊😊😊😊.





TIP OF THE DAY: While you are drawing swords in the name of another, remember today's leaders standing on opposite sides could in future shake hands leaving you to swallow lots of humble pie and mend the fences you have broken in your neighborhood. Support responsibly and with wisdom! 😊

Isaiah 11:6 New King James Version (NKJV)

<sup>6</sup> "The wolf also shall dwell with the lamb,

The leopard shall lie down with the young goat,

The calf and the young lion and the fatling together;

And a little child shall lead them.

### 38. Ragga and Grandma

August 15, 2016 •

Ok .... now dont shoot me if you have seen this before ..... just pretend and laugh loudly like a good sport 😂😂 ..... kakati .....someone cracked mbunoo 😂 ..A guy left the village to come hustle in town. He got into ragga music & became a celeb. He got some money. So one day he decided to visit his granies in the village. But it was so far that he reached late in the

night.



He knocked, ko, ko, ko, ko.... Grand mum asked, 'Ani oyo?' He replied, 'Nze bad man, ragga muffin, killer of the beat, king of ragga, president of ghetto, bomboklat ayuti. Yeah man.'

Then the grand mum replied, 'Aaaaa muli bangi, muddeyo nze akafaliso nina kamu! (Please go back you are too many i only have one tiny mattress) 😂😂😂😂😂😂

Romans 12:2 New King James Version (NKJV)

<sup>2</sup> And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

### 39. The AFCON qualfier baby

September 5, 2016 •

Mbu ..... 😂 ..... Happening now at Nsambya hospital, baby boy born,... Named \*Twateeracomoros Joseph 😂😂\* ..... oba abantu babijjawa???? 😂😂😂

Ecclesiastes 3:1 New King James Version (NKJV)

<sup>3</sup> To everything there is a season,

A time for every purpose under heaven:





## 40. Secondary school poses

September 6, 2016 •

Lunchtime smiles ... Ok ....  
the photo interpretation  
advert challenge .... these  
guys are the winner ...  
remember this senior  
secondary school



pose? 😄 😄 😄 ....this is my  
advert "you are welcome at  
"Kiyitilawaggulu'okitegerawa  
nsi daycare nursery primary  
senior secondary school" ..... tuwa QUARITSY  
Educashon aate abaana bayitsira waggulu nyo  
.... as in like via mu madilisa .... tulilaanaganye  
kumpi ne Lolex lestorant ....tugaba ne Lollipop  
for free ku bbuleeke .... muleete abaana ...." ....  
over to you! 😄 😄

*Psalms 143:5 New King James Version (NKJV)*

<sup>5</sup> I remember the days of old; I meditate on all Your works; I muse  
on the work of Your hands.



## 41. The Affcake

September 10, 2016 •

"AFFCAKE" 😞 .... banange mukilike HALFCAKE

.... manya earthquake 😄 😄 .....Signs of the end  
times .... Have you given your life to Jesus  
Christ? Make the decision today! You must be  
born again!

*Luke 21:7-11 New King James Version (NKJV)*

<sup>7</sup> So they asked Him, saying, "Teacher, but when will these things  
be? And what sign will there be when these things are about to take  
place?" <sup>8</sup> And He said: "Take heed that you not be deceived. For  
many will come in My name, saying, 'I am He,' and, 'The time has  
drawn near.' Therefore do not go after them. <sup>9</sup> But when you hear of  
wars and commotions, do not be terrified; for these things must come  
to pass first, but the end will not come immediately." <sup>10</sup> Then He  
said to them, "Nation will rise against nation, and kingdom against  
kingdom. <sup>11</sup> And there will be great earthquakes in various places,  
and famines and pestilences; and there will be fearful sights and  
great signs from heaven.





## 42. Eid gone wrong

September 12, 2016 •

Clearly Eid hasn't gone as planned for everyone 😞😞😞 ..... now check this one!!! ..... really???? 😂😂😂😂 😂 ... found this on another forum .... if its you ... tofaayo ojja kuba bulungi! 😂😂



Romans 14:17 New King James Version (NKJV)

<sup>17</sup> for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.

## 43. Blood donor!

September 30, 2016 •

This one cracked me up from another forum ..... mbu ... "I jst Donated blood then after was told mbu " biscuits and sodas r finished"....Nze kuva mubuto sagala kummanyiira(as in from childhood I have always hated being taken for granted), ..... i just carried my blood now in a taxi heading home. 😂😂😂😂😂😂😂😂😂😂" ..... lollll .... people have a sense of humor 😂😂 ..... i hope this person asked for a straw as well 😂😂😂😂



Colossians 3:23-24 New King James Version (NKJV)

<sup>23</sup> And whatever you do, do it heartily, as to the Lord and not to men, <sup>24</sup> knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ.

## 44. Uber for Cows!

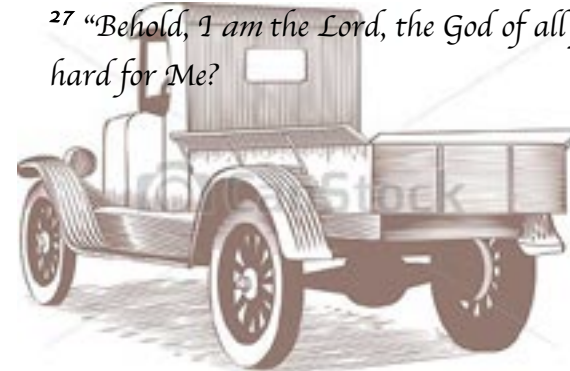
December 6, 2016 •

Agataliiko nfuufu ..... in other news .... Scientists seem to have discovered the best way to maximise the milk productivity of your cow .... transport it business class 😎 😎 ... complete with police escort! 😂😂😂 ..... mbuuuuuu



Jeremiah 32:27 New King James Version (NKJV)

<sup>27</sup> "Behold, I am the Lord, the God of all flesh. Is there anything too hard for Me?"





## 45. Oh! Oh!!! Land Lord!

March 2, 2017 •

People are hilarious ..... now check this one ..... mbu....."I agreed with my landlord that I will always pay my rent on every 30th of the month...and now am looking at my calendar but I can't see 30th until towards the end of this month 😂😂😂 see how God does his things in a mysterious way 🍌🍌 ..... VICTORY BELONGS TO JESUS!!!!" ..... end quote.... 😂😂😂 please dont try this!!! MPITAAKO... GO AND PAY YOUR RENT! ..... Ooo .... Ooo... VICTORY BELONGS TO JESUS .... RENT BELONGS TO THE LANDLORD!! 😂😂😂😂

Romans 13:7-8 Amplified Bible (AMP)

<sup>7</sup> Pay to all what is due: tax to whom tax is due, customs to whom customs, respect to whom respect, honor to whom honor.

<sup>8</sup> Owe nothing to anyone except to love and seek the best for one another; for he who [unselfishly] loves his neighbor has fulfilled the [essence of the] law [relating to one's fellowman].



## 46. Bob marley

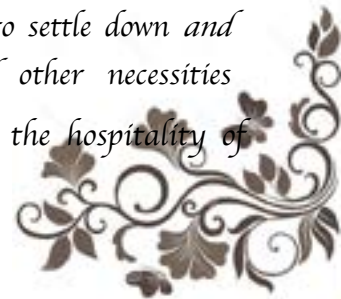
December 12, 2016 •



Look what i found at the office ..... "This printer is now called BOB Marley because it's always Jammin'" .... a little office mischief .... Kkkkkk 😂😂😂 ..... waznt me!

2 Thessalonians 3:10-12 Amplified Bible (AMP)

<sup>10</sup> For even while we were with you, we used to give you this order: if anyone is not willing to work, then he is not to eat, either. <sup>11</sup> Indeed, we hear that some among you are leading an undisciplined and inappropriate life, doing no work at all, but acting like busybodies [meddling in other people's business]. <sup>12</sup> Now such people we command and exhort in the Lord Jesus Christ to settle down and work quietly and earn their own food and other necessities [supporting themselves instead of depending on the hospitality of others].





## 47. Kwara kwara

December 24, 2016 •

We were reminiscing about them ole day with high school buddies .... topic came to music .... When rap was still \*Rap\* ... crystal clear Lyrics..... these days its more like \*"LAP"\* 😬 gibberish and gyrations ... i heard one recently that i could have swore was called \*"kwara kwara Gwe gwe gwe gwe gwe gwe!"\* .... until my nephew told me the lyrics were \*"work work work work work work"\* 🤔 😬 😬 😬 .... baaagyenzi .... tuli kuki wano?? .... what are we on???

1 Timothy 4:12 Amplified Bible (AMP)

<sup>12</sup> Let no one look down on [you because of] your youth, but be an example and set a pattern for the believers in speech, in conduct, in love, in faith, and in [moral] purity.



## 48. Blow my birthday trumpet! .... LOUDLY!!

June 13, 2017 at 2:50am •

Good morning Holy Spirit! I Love you! .... Its my birthday today!.. I bet you already knew that! 😊 I was just "fishing". Well, I am blessed and highly favoured to have you as my friend and guide my way. I am proudly 42 years old now!!! Yeiiiiiii!!! 🎉🎉🎉🎉🎉🎉🎉 .... From you Holy Spirit, all i ask is that you fill me with who you are to overflowing until there is nothing left of me to see. For i now know that if i have you, i have it all. .... 🎉🎉🎉 As for all of these guys peeking in on our conversation, 😊 please tell them that i have cleared my mobile money account, deleted all phone messages and some apps ... just to make room for them to send their gifts by mobile money 😊 ... they shouldn't be shy 😊 😊 😊 .... they can inbox for my mobile money number .... i know bawulidde(they have heard) especially that one and the other one ... (Yes including you who is now smiling) .... Amen .... waiting .....

Jeremiah 1:5 New King James Version (NKJV)

<sup>5</sup> "Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations."







## 49. Birthday paradiso

June 13<sup>th</sup>, 2017 at 8:25pm •

Baaaagyenziii  
....Thank you  
everyone for  
all your kind  
wishes .... i  
am honored  
and totally  
blushing 😊 ....  
its been a  
day well



spent surrounded by some of my best friends so  
far away from home 😭😁... always there for me  
every morning and never leaving my side 8hrs  
a day and are always on my mind until i sleep  
at night .... even today they were there

... i am  
getting  
emotional ....  
snifffff 😭  
meet my  
buddys in the  
picture  
background  
.... Gantry,  
Current



Transformer  
(a.k.a CT)

and his twin called Capacitive Voltage  
Transformer(a.k.a. CVT), Power transformer,  
circuit breaker(CB), Disconnect switch,  
Conductor, Busbar 😊 .... and kumukolo  
tekubulako musiiwuufu (at every party there is  
a "shabby" visitor)

.... a few  
chinese  
flukers 😞 ....  
what a  
beautiful  
glorious day.



.... for those of you that are still looking for  
the send button for mobile money GOD IS  
SEEING YOU!!! 🙄😂😂 .... wamma thanks gundi  
😊

Romans 8:28 New King James Version (NKJV)

<sup>28</sup> And we know that all things work together for good to those who  
love God, to those who are the called according to His purpose.





## So. Bloody birthday tings!

Yesterday at 9:25am •

Kakati About last night birthday things .... haaaa  
 .... IT WAS BLOODYYY 😂😂😂 .... I will just leave  
 this here ..... Chisossss .... Ayi Mukama Jehovah  
 God-o ayaaaaa!!! 🙏🙏 .... (in a soprano tone in  
 the key of G astonished) 😂 victole nanananaana  
 .... somebody sing Grooooooly!! 😂😂😂😂  
 OK .... this is how it went down....



being so far from home ... Even me i was  
 surprised 😊 .... i went to the hotel restaurant  
 and ordered for a surprise dinner for me .....  
 Awwwww thank you Isaac ... how thoughtful of  
 you 🙏 .... i love you sooooo much .... YOU ARE  
 WELCOME ... ANYTHING FOR YOU .... Awwwww 🙏  
 🙏🙏🙏🙏🙏 come gimme a hug .... 🙏🙏🙏🙏  
 .... i love it when people like ME love on me!



.... MORAL OF THE STORY: NOBODY IS  
 RESPONSIBLE FOR YOUR OWN HAPPINESS BUT  
 YOU! KILL DEPRESSION BY DOING SOMETHING  
 TO MAKE YOUR SELF HAPPY. .... BUT DO IT  
 RESPONSIBLY SO THAT YOU LIVE LONG ENOUGH  
 TO TELL YOUR GREAT GRAND KIDS THE  
 STORY.... nti twaalyaako byetwalya 😊

Psalm 16:11 New King James Version (NKJV)

<sup>11</sup> You will show me the path of life; In Your presence is fullness of  
 joy; At Your right hand are pleasures forevermore.





## 51. Staring is rude!!

May 24 at 1:10pm •

On another note .... more serious .... Ok .... now .... does Sevoz call for pipo to sort out boda fellas seeming to trail them extend to people staring??? .... kubanga i am in this restaurant and there is this waitress that has been just sitting there staring in my general direction at nothing in particular totally looking progessless for 30 minutes .... ngende musortinge oba? 😬😬 ..... ok .... she has finished staring and gone .... eeeephewww 😂😂😂😂😂😂

1 Thessalonians 5:21 New King James Version (NKJV)

<sup>21</sup> Test all things; hold fast what is good.

## 52. Rain!! But Why?

January 8, 2018 •

Eishhh .... the sun is RAINING CATS AND DOGS

AND THEIR RELATIVES!!!! 😞😞😞😂😂😂



Leviticus 26:3-5 New King James Version (NKJV)

<sup>3</sup> If you walk in My statutes and keep My commandments, and perform them, <sup>4</sup> then I will give you rain in its season, the land shall yield its produce, and the trees of the field shall yield their fruit.

<sup>5</sup> Your threshing shall last till the time of vintage, and the vintage shall last till the time of sowing; you shall eat your bread to the full, and dwell in your land safely.



## 53. Saawa nya!

February 9, 2018 •

Its 10am .... (Saawa nya) ....sighhhh 😊 .... for guys of my generation, this phrase should cause your ears to prick upwards .... i am just here reminiscing of childhood days .... "Saawa nya" as it was fondly known was a long awaited moment to lay down housework tools and gather on the kitchen mat to have a large plastic mug of milik porridge with more milik in it(ok when milk was available 😂😂😂) ... escorted with boiled cassava or boiled sweet potato or mawolu(tastefully recycled leftovers from dinner) i still dont know how mum managed to make leftovers taste so good mmmmmmm.... sighhh 😊 .... gone are the dayz .... kale stop day dreaming Isaac and get back to work!!! ..... dont laugh 😂😂😂 .... same to you!!!!

Proverbs 22:6 New King James Version (NKJV)

<sup>6</sup> Train up a child in the way he should go, And when he is old he will not depart from it.





## 54. Bon-a-pensenene

May 15 •

Eishhhh 😞 ... Well ....  
Someone sent me this  
pic ... all i can say is  
Bon-a-pensenene ....  
😂😂😂😂.



1 Corinthians 10:25-26 New King James Version (NKJV)

<sup>25</sup> Eat whatever is sold in the meat market, asking no questions for conscience' sake; <sup>26</sup> for "the earth is the Lord's, and all its fullness."

## 55. Peeking Tom on the bus

May 14<sup>th</sup>, 2018 •

Ayayayayaaaa .... and then i am on the shr  
long bus trip .... the guy next to me out of the  
corner of my eye appears as though his head is  
bent over and he is peeking in on my watsapp  
and facebook posts as i am scrolling .... and i  
am like 😞😞😞 who grew this guy?(ani  
eyamukuza) where did he grow  
from?(yakulirawa) Bad mannnerzz .... kamu  
sortinge .... he is bigger than me naye .... we



shall see .... heeeee 😞😞 .... after i have  
gathered enough courage ... i know it's going to  
get bloody 😞😞😞 but i don't care .... i turn to  
the fella ..... and ..... he was sleeping all along  
..... Kkkkkkkk 😂😂😂😂😂 .... kale amponye!!!!  
..... moral of the story .... NEVER BE TOO QUICK  
TO JUMP TO CONCLUSIONS!!! SALA PULEESA  
BEFORE YOU DO SOMETHING YOU WILL REGRET.  
MOST LIKELY THE PERSON YOU HAVE BEEF OVER  
DOESNT HAVE A CLUE WHAT YOU ARE TALKING  
ABOUT. HE WAS SLEEPING WHILE YOU WERE  
BEEFING!! ... 😊

Proverbs 16:32 Amplified Bible (AMP)

32 He who is slow to anger is better and more honorable than the  
mighty [soldier], And he who rules and controls his own spirit, than  
he who captures a city.

## 56. Bus Horrors!

May 13 •

Ok .... Bus rules .... never ever sit at the back  
seat .... fairly good leg room but the humps will  
have you for a snack!! YOU FEEL EACH ONE ....  
PRESSED DOWN SHAKEN TOGETHER AND RUNNING  
OVER SHALL THE DRIVER GIVE TO YOUR BEHIND  
😞😞😞 (these drivers must be reading their bible  
upside down!!... not cool!!) ... you literally have  
to stand up and hold onto something for dear





Life or be jostled up at every hump!!! 😞😞 ....  
 and then the music .... carry earphones.... 😄😄  
 😄😄 ... they were playing local music videos ....  
 oba musicians are running out of lyrics??? ....  
 On One song, the guy was singing "sipolingi  
 sipolingi" 😞😞😞😞(tuli kuki?)... as for the dance  
 moves😞😞😞😞fire fireeee .... goba goba!!! .... I  
 had to switch off spiritually to have a nap  
 punctuated 5 hr discussion with the Holy Spirit!  
 .... I am glad it is possible to be alone with  
 God in a crowd. You should try it .... its a  
 great way to travel like this and still arrive  
 smiling! .... Thank you Lord for journey  
 mercies! VICTORY BELONGS TO JESUS!

Matthew 6:6 New King James Version (NKJV)

<sup>6</sup> But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

## 57. Naye Sleepy town!!

May 10<sup>th</sup>, 2018 •

Banange .... gdmorning .... WHAT TIME DO  
 PEOPLE IN THIS TOWN WAKE UP???? .... 😞😞😞😞  
 .... time check 7.30am Looked for a good  
 restaurant for breakfast and they are all closed  
 .... had to go to a hotel and part with 13k😞😞



for one slice of bread and eggs and tea😞😞😞  
 .... wait .... that is quarter a bag of cement in  
 my books for a drop of breakfast .... and thats  
 all they have ready .... ai bambeeeee .... tuli  
 kuki??? Nooooo!!! .... anyway we shall overcome  
 .... victory belongs to Jesus!! Keep smiling Isaac  
 .... 😄😄😄😄😄 Moral: Opportunities pass by  
 those who sleep while the world is awake. -  
 WAKE UP!! #IsaacSerukenya

Proverbs 24:33-34 New King James Version (NKJV)

<sup>33</sup> A little sleep, a little slumber, A little folding of the hands to rest;

<sup>34</sup> So shall your poverty come like a prowler, And your need like an armed man.

## 58. Max and the Rolex

Season I:

May 29 at 10:04pm •

So .... i go to the restaurant at the hotel .... i am  
 not really hungry so i ask for something light  
 .... tea mildly spiced and ....mmmmm.... the  
 waiter eagerly volunteers ... "and rolex" ....  
 immediately my soul says YES and my tummy  
 responds with an "ad-lib" YEE-ee-EEE-ee-sss😄  
 😄👏 .... now nobody ever asks for the price of  
 a Rolex, you just sit and eat. Right? (Apart from  
 the bargainers😄) .... yiiii i mean we are talking  
 about Rolex chapati and eggs... c'mon UGX1,500





max ..... it was actually quite nice .... until the bill came .... 😄😄😄 ... Tea ... 6k ... ok ... its expected, i can handle 😊

... then ROLEX ...

UGX5,000 😱😱😱😱😱

😱😱😱😱😱😱😱😱😱

.... checked the receipt

... and no wonder the

waiter's name is MAX

.... THE GUY HAS

REALLY MAXED HIS

RETURN ON THIS

ROLEX 😄😄 .... glad i

had enough cash on

me! .... Lesson learnt

.... Never judge a

ROLEX by its cover ...

you might end up

washing dishes!

The broke guy of yesterday on another day,

place and time could be worth an arm, a leg

and two front teeth. .... RESPECT! .... kasta

njilidde .... sitya loosi!!! 😎😎 .... Warning!! ...

BEWARE OF WAITERS CALLED MAX! 😄😄😄



1 Samuel 16:7 New King James Version (NKJV)

7 But the Lord said to Samuel, "Do not look at his appearance or at his physical stature, because I have refused him. For the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart."



Season II:

May 30<sup>th</sup>, 2018 at 11:07pm •

Now Previously on "Rolex for 5k" .... Max the waiter walked away with a whopping 250% profit for a ROLEX he got me to order for (i still can't get over it) 😞😞😞 .... well i met him again this

morning at the restaurant and he came mbu to serve me ..... shiaaaaaa 😱 ..... this time he found me looking!! .... hooooo .... NO ROLEX!!! (its

aroma was teasing my nostrils but no thanks!) .... i even checked again to be sure that "bed and breakfast" actually included the serviette

and tooth picks lest he tries to MAX on those too 😱😱 .... i watched his every move as in 😱😱😱

..... #TeamNoBlinking .... i think he got the message 😄😄😄 .... No Rolex formed against me

shall prosper!!

Proverbs 26:11 New King James Version (NKJV)

<sup>11</sup> As a dog returns to his own vomit, So a fool repeats his folly.





## 59. Engrish is a fallen Langrage

12 hrs •

Ayaaayaa

....yaaayaaa!!! Let me just leave this here .... 😞😞😞

....selah....In case you were giving up on paying fees  
for your kids....here is your motivation.....



tusomese abaana kubangaaa( as in send the  
kids to school!) .... 😞😞😞😞😞😞 ... at least  
let's get the grammatical basics right before we  
put them on display. Shall we? .... otherwise  
customers will indeed run for their lives .... 😞

2 Timothy 2:15 Amplified Bible (AMP)

<sup>15</sup> Study *and* do your best to present yourself to God approved, a  
workman [tested by trial] who has no reason to be ashamed,  
accurately handling *and* skillfully teaching the word of truth.

